



**PARAMOUNT COLLEGE  
OF NATURAL MEDICINE**  
**CERTIFICATE IV IN MASSAGE THERAPY PRACTICE**  
**SEMESTER 1, 2010**  
**16 WEEK PROGRAMME**

Day 1 (Monday)		Day 2 (Tuesday)		DAY 3 (Wednesday)		DAY 4 (Thursday)		DAY 5 (Friday)		DAY 6 (Saturday)		DAY 7 (Sunday)	
Time	Module	Time	Module	Time	Module	Time	Module	Time	Module	Time	Module	Time	Module
9.00 to 2.40	Massage 1 (Weeks 1 & 2) (15th & 22nd Feb)	9.00 to 4.30	Practice Administration (Week 2) (23th Feb)	9.00 to 2.40	Massage 1 (Weeks 1 & 2) (17th & 24th Feb)			9.00 to 2.40	Massage 1 (Weeks 1 & 2) (19th & 26th Feb)	9.00 to 4.30	Reiki I (Week 3) (6th Mar)	9.00 to 4.30	Reiki I (Week 3) (7th Mar)
9.00 to 11.00	Professional Development (Weeks 4 to 15) (starting 8th Mar)	9.00 to 12.00	Nutrition 1 (Weeks 3 to 14) (starting 2nd Mar)	9.00 to 11.00	Massage Clinic Orientation (Week 3) (3rd Mar)					9.00 to 4.30	Pregnancy Massage (Week 4) (13th Mar)	9.00 to 4.30	Pregnancy Massage (Week 4) (14th Mar)
11.30 to 3.30	Anatomy & Physiology for Masseurs (Weeks 4 to 15) (starting 8th Mar)			9.00 to 4.30	Massage Clinic (Weeks 4 to 16) (starting 10th Mar)					9.00 to 3.50	Aromatherapy (Weeks 5 to 10) (20,27 Mar, 17,24 Apr, 1,8 May)		
3.50 to 6.20	Tactile Anatomy (Weeks 4 to 15) (starting 8th Mar)									9.00 to 3.50	Reflexology (Weeks 11 to 15) (15,22,29 May, 5,12 Jun)		
9.00 to 4.30	Corporate Massage (Optional) (Week 16) (14th Jun)									9.00 to 4.30	Reiki II (Week 16) (19th Jun)	9.00 to 4.30	Reiki II (Week 16) (20th Jun)

**Note: Students are to choose 3 electives from: Aromatherapy, Reflexology, Reiki (both I & II are required) and Nutrition 1\* or other subjects which may be chosen from the Naturopathy, Homoeopathy or Nutritional Medicine courses**

**\* Nutrition 1 is advised if the Diploma of Remedial Massage is intended as it will lighten the subject load of this course**

**NB: Times are subject to change without notice**

**NB: All students wishing to complete the Diploma of Remedial Massage must first complete the Certificate IV in Massage (the certificate is actually the first half of the Diploma)**