

## ENROL NOW!

**Please be aware that the deadline for enrolments is the 20<sup>th</sup> March 2010 for Pregnancy Massage and Trigger Point Therapy and the 20<sup>th</sup> January 2010 for all other subjects.**

I am keen to study with Paramount College of Natural Medicine

Name .....

Address .....

Telephone .....

Email .....

Courses of interest (please tick box/es):

Australian Bush Flower Essences .....   
\$440\* full payment

Aromatherapy (includes Aromatherapy Manufacturing Workshop) .....   
\$780\* full payment

Reflexology .....   
\$540\* full payment

Swedish Massage .....   
\$540\* full payment

Deep Tissue Massage .....   
\$540\* full payment

Trigger Point Therapy .....   
\$540\* full payment

Pregnancy Massage .....   
\$325\* full payment

Method of Payment:

Cash  Cheque  Credit Card

Credit Card No. \_\_\_\_\_

Expiry Date \_\_ / \_\_

\* All subjects contribute towards full time accredited courses  
ie. Advanced Diplomas, Diplomas & Certificate IV

## Other Paramount College Courses

Natural medicine restores good health with traditional healing methods and natural remedies; natural health practitioners and products are the fastest growth sectors in health.

Become a part of this industry by enrolling now at Paramount College of Natural Medicine. The college offers several nationally recognised courses, including

- Advanced Diploma of Naturopathy
- Advanced Diploma of Western Herbal Medicine
- Advanced Diploma of Homoeopathy
- Advanced Diploma of Nutritional Medicine
- Diploma of Remedial Massage
- Certificate IV in Massage
- Certificate IV in Aromatherapy

Paramount learning is dynamic; ongoing assessments and smaller class sizes ensure a quality learning experience.

Paramount College of Natural Medicine is taking enrolments NOW for Semester 1, 2010. For Information on the full range of courses & class times, please do not hesitate to contact the college on 9841 1222.



9841 1222

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Albany W.A. 6330

[www.paramountcollege.edu.au](http://www.paramountcollege.edu.au)

ParaPharm Pty Ltd ABN 45 098 564 099



# PARAMOUNT COLLEGE

## OF NATURAL MEDICINE

### -ALBANY-

## SHORT COURSES

## SEMESTER 1 2010



*your journey begins here  
... naturally*

## ELECTIVES

**Australian Bush Flower Essences** are catalysts to unlock your full potential, resolve negative beliefs and create emotional health and well being. When this happens, balance is restored and true healing occurs.

Duration: 4 Contact Days  
Times : TAB  
Dates : Tuesdays & Thursdays  
February 9, 11, 16 & 18

**Aromatherapy** is the medicinal & therapeutic use of essential oils. The medicinal benefits of aromatic oils are quite remarkable and not to be underestimated, especially their immune enhancing and relaxant effects. This subject also includes the Aromatherapy Manufacturing Workshop.

Duration: 10 Contact Days  
Time: 1.00 to 3.00pm  
Dates: Wednesdays  
March 3, 10, 17, 24, 31, April 21, 28,  
May 5, 12 & 19

- This is a core unit for all Certificate IV in Aromatherapy students

**Reflexology** recognises that the human feet are a detailed map of the body and that applying various massage techniques to such zones or reflex points, provides beneficial health effects to the corresponding areas of the body.

Duration: 6 Contact Days  
Time: TAB  
Dates: Fridays  
April 30, May 7, 14, 21, 28 & June 4

**Swedish Massage:** This very popular form of massage provides an individual with the various techniques necessary to provide a full body, relaxation massage. Whether one is wishing to learn how to massage friends and family, so that they feel as though they under the hands of a trained professional or one is wishing to go on to do advanced massage therapies, Swedish Massage is for you.

Duration: 6 Contact Days  
Time: TAB  
Dates: Mondays, Wednesdays & Fridays  
February 1, 3, 5, 8, 10 & 12

- This is a core unit for all Certificate IV & Advanced Diploma of Naturopathy students

**Deep Tissue Massage** is a therapeutic form of body work. Its intension is to reduce tension throughout all layers of skeletal muscle.

Duration: 6 Contact Days  
Time: TAB  
Dates: Mondays, Wednesdays & Fridays  
February 15, 17, 19, 22, 24 & 26

- Swedish Massage is a pre-requisite for this subject
- This is a core subject for all Diploma of Remedial Massage students

**Trigger Point Therapy** utilises specific reflex and pressure points throughout the body, which are most beneficial for reducing the pain sensation and reducing muscle tension.

Duration: 6 Contact Days  
Time: TAB  
Dates: Fridays  
March 5, 12, 19, 26, April 16 & 23

- Swedish Massage is a pre-requisite for this subject
- This is a core subject for all Diploma of Remedial Massage students

**Pregnancy Massage** will equip the practitioner with the necessary knowledge and skills to provide a safe, relaxing and therapeutic massage to women during any stage of their pregnancy.

Duration: 2 Contact Days  
Time: TAB  
Dates: Thursday & Friday  
April 15, 16

- Swedish Massage is a pre-requisite for this subject
- This is a core subject for all Certificate IV in Massage students

### **Nutrition, Herbal Medicine, Homoeopathy**

These subjects can be studied for personal interest or as the beginning of an advanced diploma. Times and prices for these units can be given upon request.

**Note: Class times may be subject to change.**